

ATTENTION!!!

General meeting
Wednesday, May 5
at The American Legion
at 7:30 pm



April 2004

The Elgin Jaycees Newsletter

Vol. 58 No. 2

Pres Says

First and foremost, I want to welcome all you new members! Scott, Carol, Kris, Jeanine, Laurie and Kevin, you have joined an incredible organization that brings so many benefits to not only the community, but to yourself as well. Being a part of the Elgin Jaycees will hopefully be a wonderful experience for you and whenever I can be of any assistance, I am here for you!

The chapter is really beginning to take off. We even have people stepping up to run projects. I commend you on your support, enthusiasm and courage. Thank you TINA LEON and LAURIE FIKE for chairing a project. If there is an upcoming project (see calendar) you have an interest in, or there is something you would like to do with the chapter, then I encourage you to talk to me. I encourage all ideas!

For all new members, as you digest the Jaycee concept, I am sure it can seem overwhelming and I don't want you to have that feeling. Sure, as any organization does, we have some rules we must follow. And it can be tough to understand everything. BUT, don't sweat it... because we are all here to learn and have fun! As you get involved in a project, you will pick things up along the way. But, to ease your mind, I encourage you to attend a New Member Orientation night. In this 2 hour or less informal training, you will be able to have a concept on what you can do in this great organization, meet the other Jaycees in your chapter, put your ideas into an action plan if so desired, and get a good foundation of the Jaycees to make your experience the best it can be. The next Orientation will be held on Sunday, May 16 at 4:00 pm at my

house and if nice, perhaps at a park... I will have more details later. Many of you mentioned that Saturday's were hard to get away because of work and other things going on, so I am going to try a Sunday. Please RSVP to me by May 14th so I may plan accordingly. I guarantee this is something you won't want to miss!

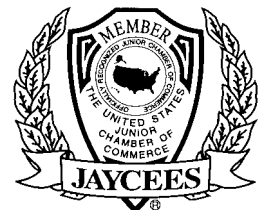
We are jam packed with things to do in May, starting with the May General Assembly (commonly known as the GA) in Peoria. The GA is held once a quarter. It is a weekend long trip to a hotel where all the different Jaycee chapters in Illinois get together and celebrate their accomplishments, receive awards, receive great training, party, and meet other Jaycees plus so much more. I can't even begin to tell you how much fun we always have at the GA. The next GA is in Springfield, Illinois on July 30-August 1. This is our mid-year GA and some mid-year awards will be given out. I hope you will consider going.

Well, that wraps it all up. I hope you all will consider helping out at any of the upcoming projects. Be sure to check out the calendar section for a listing of things we are doing. See you all at next meeting, May 5th at the American Legion.

Until then...

Your 2004 President,

Kim Parsons





Hi Elgin Jaycees!!

I am your Treasurer and have been a Jaycee since 1999... though a part of the South Elgin Chapter which I am a dual member of. I was Treasurer for South Elgin for 2 years and now look forward to the financial matters of our Chapter (yes I'm a paper fanatic and love balancing the checkbook)... weird, I know! The 2004 Board just completed the transfer of names for our account at 1st Community Bank. At May's meeting we should have a financial statement available for everyone's review.

About me in general... I love chocolate... so if need a check quick, Toffifay, Milky Way, Milk Duds, etc. work really well. I'm 30-something years old and have a 5-year old daughter, Cassy, and I spend my time with her, working at Marble Works in South Elgin, and my free time is with my roomies and our Chapter. If anyone loves to rollerblade... I make a good partner (on flat, dry surfaces).

We have already had some fun the past few months (I got my face painted at the fire station for the 150th celebration, ate lots of cake there too, ate cheese sticks and mushroom at our M-Night at Hoopers, played movie trivia at our meeting, attended Regional and cheered our Region on, etc., etc. etc...), and I look forward to the summer projects, especially 4th of July!!

We have members stepping up to chair our signature projects, and even some new ones. Be a part of the action!! Fun, Friends, and Fulfillment... it's all here with Jaycees.... you will get out of it what you put into it!

Sincerely,

Heidi Hauserman
Treasurer
847-712-7203
mrsperfect71@aol.com

2004 ELGIN BOARD

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Please contact Laurie Fike if you are interested in any of these positions.

MISSION STATEMENT

To provide young people the opportunity to develop personal and leadership skills through local community service and organizational involvement while expanding the Jaycee movement.

The following Board Positions are still available. Can you fill these spots?

Secretary

Recording minutes at meetings and keeping track of Roster.

Membership VP

Recruiting new members, Springboard/Degrees program, and all affiliated member programming. Example: Membership Booths at events.

Community VP

Achieving balance in our community, finding projects around our town, being the liaison with Camp New Hope and JCFAN. Example: Can Shakes, Water Station, Senior Prom.

Individual Development VP

Achieving balance for each member through training programs. Example: Speak-up, write-up, "How to" seminars.

Local Directors

Calling members to remind them of projects or any announcements.



State Bingo

We need your help on May 30th from 10:30am to about 4:00pm selling Pull Tabs at State Bingo in Villa Park. This is an easy fundraiser for our chapter. We are guaranteed to make \$250.00 but the more Pull Tabs we sell, the more money we make! What do you have to do? There is NO selling involved, they WILL come to you! A bunch of elderly ladies is CRAZED over these pull tabs. As you are selling the Pull Tabs, you will also be verifying the Bingo winners by calling off their winning numbers. I hope you can make it. Please call Kim or Heidi (847-741-2826) if you can help out. INCENTIVE: If you help out at State Bingo, you will earn \$5.00 off your next annual renewal dues.

Calendar or Events – May, 2004

<u>Date</u>	<u>Time</u>	<u>Event</u>	<u>Location</u>
May 5	7:30 PM	General Meeting	American Legion
May 7-9	All weekend	May GA	Peoria
May 15	6:30-10:15pm	Race Track Social	Sycamore
May 16	4:00 pm	New Member Orientation	Kim's House
May 19	7:00pm	Board Meeting	Kim's House
May 22	6-10pm	Poker Run	Elgin Area
May 23	12-4pm	Jumpstart your Chapter Training	McHenry
May 23	5:00 pm	Super 7 Training	Kim's House
May 26	6-8 pm	Flag Placing	Bluff City Cemetery
May 30	10:30-4:00pm	State Bingo	Villa Park
May 31	7:30-10:00 am	Water Station at the Fox Trot	Dundee & Duncan

SOCIAL RECAP – April 24.

This night had to be the most comical night I have had in a long while and if anything could ever go wrong... it did this night! We began about 4:00 pm with a steak dinner at my house. It was cloudy outside and then as we were grilling, it started to sprinkle. 6:00 pm, we learned the racetrack closed due to the rain. Ok, now what? Let's go out to Robby Jones' house and then go bowling.

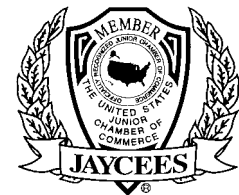
7:00 pm. Dan, Heidi, Brett and I got into a Dan's Jeep and drove to Genoa to get Assistant RD, Jordan. Ok, so now we were packed into the car like sardines trying to find the toll way while listening to Kidd Rock. We drove and drove and drove but never quite made it to the toll road, but we did find a road to take us into Rockford. BUT unbeknownst to us, we would never get to our destination without help. 9:30PM... we are lost going back

and forth trying to get directions from Robby's stepfather. Upon passing a hospital, about 3 miles from Robby's, his stepfather made us sit at that hospital and wait while Robby and Brian came to get us and lead us back to his house. You would THINK it would be simple... given the fact he lives in Rockford. NOT! They were 1/2 mile away at some OTHER hospital looking for us! Tension is now on the rise and we just want to get out of the car and go bowling! Finally, we drive back to a gas station on the main intersection and met up with Robby and Brian who led us back to Robby's for a quick refresh.

We did eventually make it to the bowling alley! What a night! THANKS FOR THE HOSPITALITY ROBBY! By the way, Dan is a prospect and probably thought we are all nuts... or maybe he just had so much fun that we left this lasting impression! What a night.

Missing Elgin Jaycee Board Member Boxes

Does anyone have any boxes from when you were a board member? For several years now we haven't been able to locate some. You know... like maybe a presidents' box that's shoved in a corner of the garage or basement. This box might contain old CPG's or other helpful info to newer members.





How to Banish a Bad Mood

If you're in a foul mood, don't just wait for the cloud to pass. Researchers are getting closer to learning how we can order up happiness when we need it. Try some of these scientifically proven tips:

Write a thank-you note. Just thinking about what you're grateful for can increase your happiness quotient and even make you healthier, according to a study from the University of California, Davis. Gratitude triggers positive emotions such as joy and immune system, explains lead researcher Robert Emmons, Ph.D.

Take a hike. Actually, even a short stroll will do. A review of 32 studies in the *Journal of Aging and Physical Activity* suggests that physical activity can improve a person's mood perhaps by causing the brain to release chemicals like serotonin, which is known to boost feelings of well-being. Three, brisk, 10-minute walks in a day can do it, says research reported in the journal, *Medical Science Sports Exercise*.

Do a good deed. Of course it cheers you up when others do something nice for you, but doing something nice for someone else might actually make you happier. Studies show that happy people give more time and money to charities, which leads us to believe happiness is related to doing good deeds, says Phillip Watkins, Ph.D., professor of psychology at Eastern Washington University in Cheney, Washington.

Sources: *Journal of Aging and Physical Activity*
Medical Science Sports Exercise

*Our greatest glory is not in never
failing, but in rising up every
time we fail.*

Ralph Waldo Emerson

If you have an e-mail address and would like to receive the newsletter as a .pdf or if you are currently on our list and would like to be removed please contact Vance.

847-468-9728

or

designbox@surfbest.net

Do you have Adobe Acrobat Reader?
If not you can get it free from Adobe.com

Website Information:

Yes, we have a website that is free, simple and to the point. If you are interested in being the WEBMASTER, please talk to Laurie Fike or Kim Parsons. Eventually, we would like to have our own domain. But that is down the road! Until then.. check this one out!

www.orgsites.com/il/elginjaycees

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